NOVEMBER	ADSS NUTRITION PROGRAM		RAM	FALL 2018
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
REVISED 10-22-18			Menu 4 Orange Juice (replaced gelatin) Baked Lemon Pepper Chicken Thigh Rice Pilaf Carrots Whole Grain Roll Margarine Mixed Fruit 1% Milk	Menu 5 Grape Juice BBQ Pork Riblet Mashed Potatoes Green Peas w/ Red Pepper Whole Grain Bread Margarine Banana Pudding (replaced hot peach crisp) 1% Milk
Menu 6 Swedish Meatballs (5) w/ Swedish Sauce over Rotini Noodles Zucchini Casserole Carrots Whole Grain Bread Margarine Chocolate Mini Moon Pie 1% Milk & Chocolate Milk	Menu 7 Beef Tacos:     Ground Beef     Shredded Lettuce     Cheese & Tomatoes Cheesy Pinto Beans Mild Taco Sauce & Sour Cream Corn Tortilla Chips Mandarin Oranges Vanilla Mini Moon Pie (replaced gelatin) 1% Milk	Menu 8 Orange Pineapple Juice Mojo Chicken Drums (2) Yellow Rice w/ Tomato & Pepper Mixed Vegetables Cornbread Margarine Apple Spice Cookie (replaced cake) 1% Milk / Buttermilk	Menu 9 Grape Juice (replaced broccoli salad) Turkey Salad Sandwich Three Bean Salad Mixed Fruit Whole Grain Bread – 2 slices ea. White Cake (replaced Apple Cookie) 1% Milk	Menu 10  Beef Hot Dog/Bun Coleslaw Baked Beans Ketchup/Mustard/Diced Onions Pineapple Tidbits Fudge Round (replaced banana pudd) 1% Milk
Veterans Day	Menu 12 Grape Juice (replaced green salad) Egg Salad Sandwich Mandarin Oranges (replaced carrot raisin salad) Com Chips (added as extra side) Whole Grain Bread (2 slices up from 1) Chocolate Chip Cookie (replaced gelatin) 1% Milk	Menu 13 Orange Juice (replaced Pineapple) Pork Chop Patty w/ Sweet and Sour Sauce Brown Rice Sesame Green Beans Vanilla Pudding Dinner Roll Margarine 1% Milk / Chocolate Milk	Menu 14 15 Chicken Garden Casserole Green Peas (replaced Summer Blend) Carrots Whole Grain Bread Margarine Fresh Banana Oatmeal Crème Pie (replaced hot apple crisp) 1% Milk	Menu 15 Meatballs (5) w/ Spaghetti and Tomato Sauce California Vegetable Blend Garlic Roll Margarine Pears Chocolate Cake 1% Milk
Menu 16 19 Smoked Sausage on Hot Dog Bun Mustard Hot German Potato Salad Cabbage and Carrots Fresh Apple Banana Mini Moon Pie 1% Milk	Menu 17 Orange Pineapple Juice (replaced Mandarin oranges) Chicken Breast Filet w/ Cacciatore Sauce Skin on Garlic Mashed Potatoes Broccoli/Cheese Sauce (added) Whole Grain Bread Margarine Chocolate Pudding 1% Milk	Theme Menu 21 Sliced Turkey w/ Gravy Cornbread Dressing Green Bean Almondine Whole Grain Roll Margarine Cranberry Salad Cranberry Sauce Iced Carrot Cake 1% Milk	Happy Thanksgiving	Thanksgiving Holiday
Menu 1 26 Blended Juice Chicken Tetrazzini Tuscan Blend Vegetables Whole Grain Bread Margarine Fresh Orange Chocolate Pudding 1% Milk	Menu 2 27 Sliced Meatloaf w/ Apple Brown Gravy Mashed Potatoes Turnip Greens Applesauce (replaced strawberry sauce) Corn Bread Margarine Oatmeal Cookie 1% Milk / Buttermilk	Menu 3 Ham & Swiss on Pretzel Bun Hot Three Bean Medley Rosemary Potatoes Peach Crisp Dessert 1% Milk / Chocolate Milk Mustard/ Mayonnaise (3 hots above replaced 3 colds and took off cake)	Menu 4 Orange Juice (replaced gelatin) Baked Lemon Pepper Chicken Thigh Rice Pilaf Carrots Whole Grain Roll Margarine Mixed Fruit 1% Milk	Menu 5 30 Grape Juice BBQ Pork Riblet Mashed Potatoes Green Peas w/ Red Pepper Whole Grain Bread Margarine Banana Pudding (replaced hot peach crisp) 1% Milk